



## BREAST CANCER SUPPORT NETWORK

*...for better bone health*



NOVARTIS PHARMACEUTICALS CORPORATION  
EAST HANOVER, NEW JERSEY 07936

*More than 1,400 support groups and  
25,000 women educated since 1999.  
Now it's your turn.*

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## BECAUSE KNOWLEDGE IS POWER

**W**omen who have had a diagnosis of breast cancer face a host of health challenges even after their primary treatment is completed.

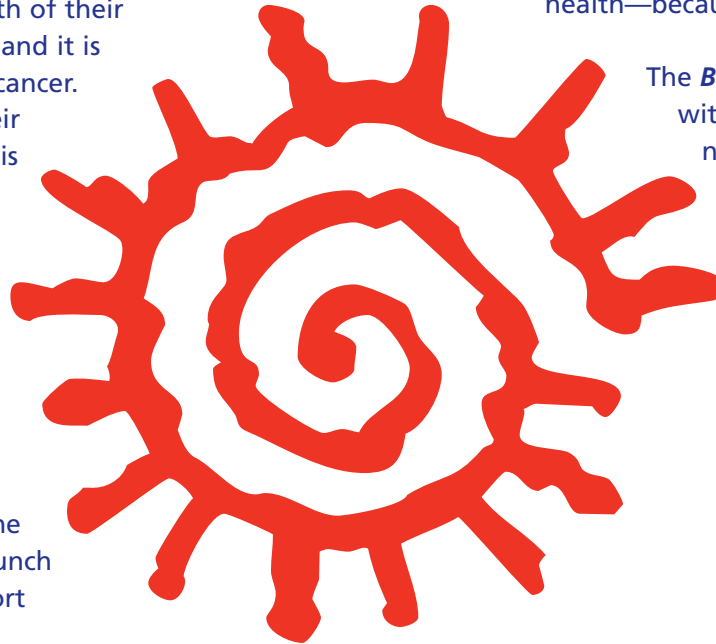
One of those challenges is related to the health of their bones. Bone health is an important issue for all women, and it is particularly important for women who have had breast cancer. But there is much that they can do to take charge of their own health and improve their well-being. All they need is information, education, and support. And that's what the ***Breast Cancer Support Network for Better Bone Health*** is all about.

The ***Breast Cancer Support Network*** is a partnership between Novartis Pharmaceuticals and the oncology nursing community to provide bone health education and support specifically for individuals affected by breast cancer. This community outreach effort educates women with breast cancer and their loved ones about the link between breast cancer and bone health. Since its launch in 1999, the program has reached more than 1400 support groups and educated more than 25,000 women.

### BECAUSE WHEN WOMEN TAKE CHARGE OF THEIR OWN HEALTH, THEY CAN MAKE A DIFFERENCE

The ***Breast Cancer Support Network*** was developed and is presented by oncology nurses, and it is endorsed by the Oncology Nursing Society, a national organization of more than 30,000 oncology nurses dedicated to excellence in the field of cancer care. The nurses who developed the program did so because they are committed to the concept that education is the key to enabling

women to manage their health, and because they believe that women who have had a diagnosis of breast cancer need to be actively involved in their own health—because they can make a difference.



The ***Breast Cancer Support Network*** matches oncology nurses with local breast cancer support organizations. These nurses, selected from the local community for their experience, expertise, and commitment to women's health, present a 45-minute interactive educational session complete with a question-and-answer session and follow-up literature.

### PARTICIPANTS WILL LEARN:

- Why bones are vital to the "circle of health"
- How a diagnosis of breast cancer can impact bone health
- Why they need to be proactive about their bone health
- What steps they can take to support their bone health
- When it's important to discuss bone health concerns with a healthcare provider

To schedule a ***Breast Cancer Support Network*** workshop for your support group, completely free of charge, all you have to do is contact us at 1-800-221-4883 or email us at [info@BCSNetwork.org](mailto:info@BCSNetwork.org). Or if you prefer, just complete and return the attached fax-back form to 1-757-321-1121.

*This program is not intended to promote Novartis Pharmaceuticals or its products.*